



**HAWTHORNE**  
**The State of Missouri**  
**Newsletter - May 2022**

**Hawthorne Information**

Hello Sisters! The weatherman says spring is here - but I believe he forgot to tell us it was also monsoon season. I think I now have web feet and pin feathers! Can't wait for the sunshine to actually return.

### 2022-2023 Issue Schedule

#### Summer Issue 2022

Articles/ information to me by Friday, July 1, 2022

The Hawthorne will be online and in the mail no later than Friday, July 8, 2022

#### Fall Issue 2022

Articles/information to me by Friday, September 2, 2022

The Hawthorne will be online and in the mail no later than Friday, Sept. 16, 2022

#### Holiday Issue 2022

Articles/information to me by Friday, November 11, 2022

The Hawthorne will be online and in the mail no later than Friday, Nov. 18, 2022

#### Winter Issue 2023

Articles/information to me by Friday, February 3, 2023

The Hawthorne will be online and in the mail no later than Friday, Feb. 10, 2023

#### Spring Issue 2023

Articles/Information to me by Friday, May 5, 2023

The Hawthorne will be online and in the mail no later than Friday, May 19, 2023

If you have any problems with dates - please email or call me ASAP. If you have members that must have a mailed copy - please provide me with their full names and addresses - So far I have only five names.

**I will always acknowledge all articles/information sent to me as the items are received to avoid any miscommunications or worry.**

Thank you for your help and let's keep communicating!

Paula Miller

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Columbia, MO. 65201

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When I was a kid, I enjoyed running after fireflies, catching them and putting them in jars, then releasing them. I used to make a wish on each one I caught. They were pretty flying

around individually, but they appear more beautiful as a rare species in the Blue Ridge and the Great Smoky Mountains, where they only come out for a short visit in clusters that bring enhanced beauty to the night.

These fireflies are Synchronous fireflies which are one of at least 19 species of fireflies that live in the Great Smoky Mountains National Park. They are the only species in America who individuals can synchronize their flashing light patterns. The Great Smoky Mountains are one of the few places in the world to see synchronous fireflies and people flock there from all over the country to see them for a couple of weeks in late May or early June.

My logo with fireflies represent ESA and especially MOESA coming together to form a beautiful picture of light reaching into the darkness of need. The text indicates that working together we can accomplish anything from fellowship and travel to fundraising for various charities to Hope for Heroes to Easter Seals to the wonderful St. Jude's Children's Hospital.

Let's work together to enhance our efforts to support each other, each chapter and the fund raising we do. Together we can shine the ESA light even brighter into the future.

*Sidney*

Sidney Kendall  
MOESA President  
2022-2023





### **MSC Executive Board 2022-2023**

Left to right: Brenda Fields-State Counselor, Sharon Gardener-Parliamentarian, Jan Ross standing in for Laura Bush-Recording Secretary, Diane Goold-Vice President, Sidney Kendall-President, Brittany Covey-President Elect, Jean Joyce-Corresponding Secretary, Heidi Shoemaker-Treasurer and Sandy Hosack-Workshop Coordinator

### **ESA Mission Statement**

ESA is Good Friends, Good Works, and Good Times... We create activities and support causes that let us surround ourselves with welcoming, positive people who enjoy making a difference and having fun together.

Hello All,

What a way to end the year...a fabulous Convention in Columbia!! I cannot say thank you enough to all that made the Convention such a success. You really know how to put on a party. The details were amazing, the decorations, and the photo opportunities. And, the food was great too (including the delicious salad dressing). You left no stone unturned!! Thank you very much!!

I certainly enjoyed the year. I am so grateful to have been given the opportunity to be your President a 2nd time around. From the bottom of my heart, thank you so much!!

Sidney, it will be a great year!! I am happy to be a member of your board!!

Enjoy the Spring and Summer!

Brenda Fields  
2021-2022 State President  
2022-2023 State Counselor

### **LAMBDA CHI - Marjorie Edmonds**

**Yes** we are meeting but can't get all of our 13 members there at once. Seems like everyone is getting older and getting out isn't fun like it used to be.

We are interviewing for our outstanding Youth winner from each of our six middle schools. We did three today and will do the other three tomorrow. We try to keep having three at each school. Six of our members will make a presentation at the Eighth Grade Promotion program the end of May at the schools.

We are assisting with catering an all school reunion here at an Anderson Reunion from the high school before the consolidation in 1966 on Labor Day weekend. We are also planning to try to go back to having the Holiday Home Tour and Tea.

We are giving two \$500 scholarships to two young ladies in memory of two active members we lost to cancer. The last two years the monies were from my Jim's Memorial money so our chapter didn't have to worry about having a fund raiser for 2021 or 2022.

That's all I know now.



## **MSC Winter Board Meeting Minutes**

President's Theme: *Life is a journey, enjoy the trip!*

2/19/2022

Meeting opened at 8:40 am

President Brenda Fields opened the meeting by leading us in the recitation of the Opening Ritual

Kathy Loyd, Chaplain shared opening thoughts

*Spending time 86,000 Seconds a day- take care of yourself, be happy, love deeply, life is a journey, enjoy the trip!*

Incoming President, Sidney Kendall introduced the incoming Executive Board member candidates for 2022-2023

President – Sidney Kendall

President elect – Brittany Covey

Vice President – Diane Goold

Recording Secretary – Laura Bush

Corresponding Secretary – Jean Joyce

Treasurer – Heidi Shoemaker

Parliamentarian – Sharon Gardner

Workshop Coordinator – Sandy Hosack

State Counselor – Brenda Fields

### **Committee reports:**

- Treasurer's Report – current balance \$20,724.00 with some variance for board meeting expenses
- Julie Whitaker – Association of the Arts – asking for 100 percent participation of entries at the Convention.  
Contest at convention – bring your favorite home-made desserts!
- Claudia Hatton – awards – plan on a fun event!
- Kathy Loyd – Chaplain – no report. Appreciates the information she has received throughout the year. The group thanked her for her good work in posting messages.
- Convention city report – Julie Whittaker “Passport to ESA.” Convention in Columbia. We will be traveling to several global locations during the weekend event. Banquet attire is semi-formal.  
There will be no events on Sunday. Registration forms are available in the November addition of the Hawthorne. *MOESA2021* – password for MSC web page.
- Foundation Fun Fest – Sandy Hosack. Carnival themed event.
- Brittany & Carolyn – St Jude – 50<sup>th</sup> Anniversary of our affiliation with St. Jude. Campaign *50 for 50 Challenge*. Each state is challenged to submit 50 donations of \$50.00  
Each chapter should create and execute a campaign for contributions to this challenge. An award goes to the state contributing the most. Campaign runs the entire 2022 year.  
Submit completed forms on ESA website, so all MO funds can be tracked.  
Brittany shared the story of how we became affiliated with Danny Thomas 50 years ago.

- Ways and Means committee– Susan Jobe shared the opportunities to make contributions this weekend.
- Parliamentary - President Brenda Fields shared a new Standing Rule. It pertains to how state business meetings can be held remotely if health and welfare issues arise as in the past two years due to the Covid 19 pandemic. Motion to accept as part of our Standing Rules was presented by Anne Murry and seconded by- Sidney Kendall. Motion passed
- Brenda shared some information from the recent IC Leadership convention. Membership – ask people to enjoy the fellowship and fun of ESA with everyone they know  
 March 14, 2022 – pie day. A good meet and greet activity  
 May 6, 2022 – All Dressed Up and Nowhere to Go Virtual event  
 June 1 – new community member orientation  
 July 24-31, 2022 – IC Convention will be held in Indianapolis, IN. Registration forms are available in the chapter Presidents’ folder.  
 October 8 & 9, 2022 MARC conference.  
 MO is scheduled to host the 2024 MARC conference. We need to be planning this now. Brenda will discuss the MARC Conference Rotation when she attends the MARC Mid-year meeting.

IC convention – Missouri was asked to put in a courtesy bid for the 2026 convention. The Torchbearer members discussed this at their meeting Friday evening. It was decided that Missouri would not be submitting a bid for the 2026 convention.

IC voting will be electronic this year. Very important we get chapter votes in before convention.

We have a Missouri candidate for IC Recording Secretary, Angie Butenschoen. We were encouraged to support her with our individual votes. We also have a Missouri candidate for the MARC board, Julie Whitaker for Parliamentarian, whom we were encouraged to support as well.

Business was suspended for two workshop activities, and for the loading of items the membership brought to support the Welcome Home Veteran’s facility in Columbia. We were thanked by the representative of that organization for our overwhelming generosity.

### **Workshop One: Hidden Gems of Missouri**

Becky Bohlmeier – Delta Phi - Centralia – Chance Mansions and Gardens.

Marti Neuman – Beta Eta – O’Fallon, MO St. Charles County Veteran’s Museum

Sharon Gardner – Rho Chi – Main Street, St. Charles, MO; shopping, variety of parades, festivals, and holiday events.

Alpha Omega – team presentation – Washington, MO. DeBourge Guesthouse B & B. (Now closed). Downtown shopping along the Missouri River and walking tours. Model

train museum. Four hundred and forty-five buildings on the Historic Register. Events like those in St. Charles held year-round.

Susan Jobe – Alpha Iota- Weston, MO founded in 1837 – shopping, holiday events, breweries, tobacco farms, restaurants.

Diane Goold- Sigma Tau – St. Joseph, Mo. “Where the Pony Express started, and Jessie James ended.” Great variety of museums, historic homes, and unique eateries.

### **Workshop Two: Chair Yoga**

A video was shared with a variety of relaxing stretches to help us feel good as we enjoy our journeys. Everyone enjoyed following along with the movements as much as possible.

Break for lunch and prize drawings.

After lunch the following donation reports were shared.

Ways and Means

Chapter basket sales	\$665.00
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Lottery Tickets	\$120.00
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Favorite Pets	\$ 38.00
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Total	\$910.00
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St. Jude’s

Raffle	\$ 117.00
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IC challenge	\$ 700.00
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50 for 50 challenge	\$1050.00
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### **Additional business:**

The Torchbearers inducted last year’s President Jan Ross into the Torchbearer’s group. She was presented with a variety of items that will help her in the preparation of meals, since she’s not too fond of cooking. A fun presentation for all to enjoy.

New business: Julie asked for suggestions for the convention to help the committee plan.

Brenda reminded us to read the Hawthorne to gain all the information from the state. Paula reminded us to submit pictures along with articles.

Paula was applauded for her hard work on the Hawthorne.

Torchbearers thanked everyone for their contributions to the Chinese Auction. \$305.00 was collected.

Kathy Loyd shared closing thoughts. “May your life’s journey be as special as you are. Enjoy the trip!”

Closing ritual. Dismissed at 1:10 pm.

Minutes respectively submitted by Diane Goold



## Pictures from Winter Board 2022



**Kathy Loyd and Donna Cook – the “Ladies in Charge”**



**We did “Chair Yoga”**



**Induction of Jan Ross into the Torchbearers**

## FOUNDATION NEWS

### VOTING REMINDER

Voting will be online again this year. Every Foundation member will receive a ballot by email between May 16 and May 23. You do not have to sign in, log in, have a password or find the right site! It's easy – just vote and send the email. There are four candidates for three Director's positions. The candidates and a brief biography are in the Foundation's Spring Membership newsletter. One of the candidates, Gordon Leong, is a Missourian from Fenton and is an ESA Foundation member.

### IC CONVENTION AND FOUNDATION FUND FEST

We will get IC Convention started with the Foundation Fund Fest Tuesday night, July 26<sup>th</sup>. The theme for this year is Under the Big Top and there will so many ways to have fun, win prizes and be the winning bid on oral and/or silent auctions. Each state will have a "basket" for the oral auction. Missouri's auction item is this stadium bag full of cash and gift cards! We already have so many wonderful donations but still have plenty of room in the bag for more! We can add more right up until the Fund Fest begins. Thank you to everyone who has already donated to our Missouri bag



### ESA FOUNDATION ANNUAL MEETING

The membership meeting will be on Wednesday, July 27, 1:30-3:00 in the IC convention hotel. We are looking forward to hearing about all the achievements of the Foundation and seeing members from other states to share ideas.

### FOUNDATION MEMBERSHIP

Remember, there is no "enrollment period" for Foundation membership! You can become a member any time – the first year is only \$25.00 and \$15.00 per year after that. A small investment to make a big difference in the futures of so many.

Sharon George  
Missouri Counselor



# Spring Minestrone Soup with Chickpeas and Vegetables

Author: [Sylvia Fountaine](#) | [Feasting at Home Blog](#)

Prep Time: 15 minutes - Cook Time: 45 minutes - Total Time: One hour - Yield: 6-8

## **Ingredients**

- 1 cup dry garbanzo beans or sub 2 cans
- 2 tablespoons [olive oil](#)
- 1 medium onion – diced or sub 2 leeks
- 2 cups chopped fennel bulb or celery
- 4–6 garlic cloves – minced
- 4 cups flavorful stock – [vegetable stock](#) or chicken stock
- 4 cups water
- 1 teaspoon [salt](#)
- 1 teaspoon [coriander](#)
- 4 ounces pasta (like little elbows, orzo, mini shells, penne)
- 4 cups finely chopped green veggies (any combination of broccoli, green beans, spring peas, kale, asparagus, peas, cauliflower)
- 1 tablespoon fresh thyme (or 1 teaspoon dried)
- 1/4 cup fresh dill or sub tarragon or a mixture pf both
- 1–2 tablespoons lemon juice, more to taste
- 1 cup chopped flat-leaf parsley or scallions

Garnish options: finely grated Romano cheese, a dollop of sour cream or crunchy homemade croutons

## **Instructions**

1. Soak dry garbanzo beans in a bowl of water for 8-10 hours. Drain.
2. In a large pot or [Dutch oven](#), heat oil over medium-high heat. Add onion and fennel and sauté 2-3 minutes, stirring often. Turn heat to medium and cook for 5 more minutes or until tender.
3. Add garlic, cook 2-3 more minutes.

4. Add stock, water, spices and [salt](#) and the soaked chickpeas and bring to a boil. Cover and simmer on medium-low for 20 minutes or until chickpeas are tender. (If using canned chickpeas, drain and rinse and simmer 3 minutes.)
5. Add pasta, bring to a boil, and when the pasta is about 1/2 way cooked, add the vegetables. (You don't want to cook the veggies too long, or they will lose their beautiful green color)
6. When pasta is cooked and veggies are just tender and bright green, stir in parsley and dill or tarragon.
7. Add the lemon juice a tablespoon at a time, tasting.
8. Adjust [salt](#) and pepper to taste.
9. Serve in bowls and garnish with grated Romano, chili flakes, or a dollop of sour cream. [Croutons](#) add a nice texture too.

### **Alpha Omega – Jackie Adkins**

The 2021-2022 calendar year came to a fantastic conclusion for Alpha Omega at the state conference in Columbia. Besides being named an Outstanding Chapter, we had several members receive their service pins. Caretha Thomas was recognized for 55 years, Jackie Adkins for 50 years, Anne Murray for 30 years, Sharon George for 25 years and Linda Owens for 5 years. In addition Jackie Adkins was named an Outstanding Woman. Two Alpha Omega members, Sharon George and Caretha Thomas, received awards for their creativity in the Association of the Arts. Sharon's entry was also voted Most Popular by those attending the convention.

New officers have been installed with Molly Vehige serving as the new president. Her theme is "Breathe" which is very appropriate in this ever-changing time. Sharon George is the newly installed president of GICC. Her theme is "Teamwork Makes the Dream Work" and her logo includes a bunch of crazy characters stacked upon one another . . . just like ESA members.

Since our annual event for St. Jude had to be cancelled - we were able to sell our silent auction items through an on-line auction service and collected over \$1000 plus we sold our plastic eggs filled with chocolate and/or numbers for prizes at the state convention. We made \$337 which was added to donations we had already received from our regular Think Spring attendees to bring the total to approximately \$5800 for St. Jude.

The concept of a zoom meeting has allowed us to meet regularly since many of our members travel regularly or winter in Florida. Thanks goes to our IT expert, Anne Murry. More travels are in the future for four members who will be going to Indianapolis in July for the International Convention celebrating 50 years with St. Jude. President Molly Vehige as well as Sharon George, Anne Murry, and Jackie Adkins will represent Alpha Omega at the Foundation Fun Fest Tuesday evening.

This has been a truly eventful year filled with sadness, laughs and lotts a ESA love!!



# DIY WREATH

## FROM BLOOMING HOMESTEAD



### SUPPLIES NEEDED FOR YOUR WREATH:

- Several shades of pink cardstock (or color of your choice)
- Paper trimmer
- Hot glue
- Cardboard circle 12" (cut your own or use cake rounds that are precut!)
- Bakers twine

### INSTRUCTIONS

Step 1: Trim 12×12 paper into 4×4 squares. Use several different shades of paper.

For the inner layers you'll cut smaller squares for small cones. Example: 3×3 squares, etc. You'll end up making about 80 cones of varying sizes (but mostly the larger 4"x4" size).

Step 2: Take squares and fold into cone shapes

Step 3: Slowly start gluing on the cones starting in the outer edges and moving inwards. For the ombre effect, you'll start with the darker shades on the outside with the lighter paper used on the inside.

Step 4: Keep moving around until you fill in the very center! Now you'll take a few inches of bakers twine and hot glue a "loop" on the back of the cardboard to hang your wreath.



### **Beta Tau Chapter – Terri Breedlove**

A Big Thank You to Delta Phi and Gamma Delta for hosting with Beta Tau a wonderful Convention. We had a blast working with the other Columbia Chapters on “Passport to ESA”. Beta Tau received several awards at the awards luncheon, we also had two members Christie and Tawnya attend there first MSC convention. Best Wishes to Sidney Kendall MSC President whose theme is “Together We Can.” Brenda we had a great year “Life is a Journey...Enjoy the Trip.” It was great to see old and new faces in person.

Beta Tau had the installation of officers at the home of Barb and Terry Henke on May 3 with a BBQ Pork Steak Dinner, with chapter members bringing sides and dessert. Joan installed the following. President- Julie Whitaker, Vice President- Kathy Farmer, Secretary- Tawnya Moroni, Treasure- Patti Palmer, Parliamentarian- Barb Henke, and Educational Director Christy Fritschi. President Julie choose “Shoot for the moon, even if you miss, you will land among the stars” as her theme for the following year.

We continue to sell AVON every month as part of our ways and means fund raising. Julie Whitaker will travel to IC Convention in July. Beta Tau wishes you a safe summer of fun in the sun and safe travels.



**Mona Lisa Julie Whitaker - Association of the Arts Chair**

# **Chicken with Couscous**

## **Courtesy of Taste of Home**



### **Ingredients**

1-1/2 cups fresh broccoli florets  
1 package (5.8 ounces) roasted garlic and olive oil couscous  
1 cup water  
1 teaspoon plus 2 tablespoons olive oil, divided  
4 boneless skinless chicken breast halves (4 ounces each)  
1/2 teaspoon salt  
1/2 teaspoon pepper  
2 tablespoons lemon juice  
2 teaspoons minced garlic  
1/2 teaspoon dried oregano  
1 large tomato, seeded and chopped

### **Directions**

1. In a large saucepan, combine the broccoli, contents of the couscous seasoning packet, water and 1 teaspoon oil. Bring to a boil. Stir in couscous. Cover and remove from the heat; let stand for 5 minutes.
2. Meanwhile, flatten chicken to 1/4-in. thickness. Sprinkle with salt and pepper. Combine the lemon juice, garlic and oregano; rub over chicken. In a large skillet, brown chicken in remaining oil over medium heat for 8-10 minutes or until juices run clear. Stir tomato into the couscous; serve with chicken.



## **Gamma Delta “Back to Normal” and “Moving Forward”**

Jan Ross - Gamma Delta

The comment I keep hearing is “good to be back to normal”. Well, I am not sure what normal is but Gamma Delta is back to doing what we do well and that is volunteering with whatever is needed by so many organizations, so I prefer to say we are moving forward.

It was good to see all at Convention and looking forward to what Sydney has planned for the New Year

We in Gamma Delta have all agreed it is so good to be able to volunteer with the organizations that have come to depend on our help for their events whether a gala or assisting with getting donations for dogs and cats who reside in shelters while waiting for their “forever” homes.

We volunteered at Hoops for Hounds in March which is an annual event for KC Pet Project an organization that took over Kansas City Animal Control from the city and privatized it. If you ever want a tour of this great shelter, call me. We will volunteer at their 10<sup>th</sup> anniversary event in September. We continually collect items for the shelter which is much appreciated.

You might say Gamma Delta has “gone to the dogs” as we also collect items for FurryKids Refuge and volunteer at their weekly adoption event. We also prepare silent auction baskets for their annual fund raiser.

In May we will help the Police Athletic League sort and fold clothes for the annual clothes give away. The Kansas City, Missouri Police officers who make this organization successful not only work their regular shifts but then go to one of the two locations to be there for the families to assist in whatever they need. We will also work the day of the clothes give away. The Kansas City Chiefs and Royals also help support this organization.

We will volunteer for the annual American Lung Association gala in May. Waiting for more details.

We have been contacted by Operation Breakthrough which is an organization that was started many years ago by two Catholic nuns to assist families in need many who are homeless. It has grown through the years with the help of a number of the Kansas City Chiefs, Travis Kelce for one. He has supported this organization in many ways such as financial and also shows up and plays with the kids. Did I mention he lets the little girls paint his fingernails? Keep that in mind when you watch him play this fall!!!!



## DIY MASON JAR HERB GARDEN - [HTTPS://DIYINSPIRED.COM/](https://diyinspired.com/)

I like a good Mason jar herb garden on my kitchen window sill because it's convenient and easily accessible, and as an added bonus, it looks nice!

**Time:** 20-30 Minutes

### Materials:

- Mason Jars
- Potting Soil
- Seeds
- Scoop
- Water
- Herb Labels

Decide which herbs you would like to plant. Consider where you will be placing your herb garden in your home.



Fill each Mason jar with  $\frac{3}{4}$  potting soil. You should also consider placing rocks at the bottom of the jar before the soil since there is no drainage in a mason jar. You can choose the size of Mason jar you like. The herbs will grow up to two or three times the size of the jar. Next, place a few seeds inside. If you want to speed growth, soak the seeds overnight in warm water. Last, top off with more potting soil.



An alternative is to buy the plant and replant them into your mason jar. When doing this, be sure to loosen up the roots. This will help encourage growth.

Make garden labels for each herb. If you cannot find pre-made chalkboard labels, you can make your own. Craft stores have pre-cut unfinished wood embellishments. Paint them with three coats of chalkboard paint (allow it to dry completely in between coats).

Keep an eye on your herb garden every day. You should water it when the top of the soil starts to feel dry. Herb seeds can take weeks to grow.



Hope you enjoy reading the news article from Jennifer Sparkman's  
(MARC Hope for Heroes Chair) Chapter

## Epsilon Sigma Alpha hosts Salute to Veteran's & Families to benefit Hope for Heroes

### News from Guthrie Oklahoma



APRIL 7, 2022

(**GUTHRIE**) Salute to Veteran's & Families is the theme of ESA Kappa Theta Salute to Veteran's & Families benefiting Hope for Heroes. The event is being sponsored by Epsilon Sigma Alpha (ESA) and members of Kappa Theta #5414 CHAPTER of Guthrie, Okla. as part of their ongoing "Hope for Heroes" national campaign.

The event is set for April 9 at 10 a.m. inside the American Legion Building (located at 123 N 1st St.). Members of the public and community groups are invited to join in activities to support active duty and Veteran's & their families, in the community, state and abroad.

The event will feature speakers from K-9 for Warriors, the American Legion, Veterans and Active Duty— Lunch will be served as well as giveaways such as a YETI Cooler. There will also be a silent auction and information tables from the American Legion, ESA, Diveheart, Bluestar Mothers and Flags for Veterans.

Tickets are \$25 and can be purchased in advance with some reserved for purchase at the door.

This event is supported by Hope for Heroes, Diveheart, The American Legion, Flags for Veterans, and K-9 for Warriors.

Hope for Heroes is one of ESA's largest national projects.

Epsilon Sigma Alpha was founded in 1929, ESA offers programs and projects to help make a positive difference in the lives of others. ESA has created a powerful network of nearly

1,000 chapters who excel in community education, service, and philanthropy. ESA members support St. Jude Children’s Research Hospital, Hope for Heroes, Easter Seals, literacy projects, domestic violence victims, college scholarships through the ESA Foundation and hundreds of other causes at the local, national, and international level. Those interested in helping the community with ESA can learn more by visiting [www.epsilonsigmaalpha.org](http://www.epsilonsigmaalpha.org), or by contacting ESA Headquarters at 970.223.2824. Hope for Heroes is specifically directed at providing membership support for military personnel and their families.



**Missouri State Council (MSC) Meeting Minutes– 73<sup>rd</sup> annual  
Convention - 4/9/2022**

President Brenda Fields called the meeting to order at 9:22 am

The Opening Ritual was recited, followed by some humorous opening thoughts on being over 65 by Kathy Loyd.

Kathi Hake, Parliamentarian shared the rules of the Meeting. She moved to dispense the reading of the Rules of the Meeting as they are included in the conference booklet. Seconded by Sharon Gardner, Rho Chi. Motion carried.

Roll Call was called by Diane Goold, Recording Secretary with the following report:

Chapter	# of Members	# of Members Present	Chapter Presidents Present	First Timer's Present
Alpha Iota	7	3	y	
Alpha Omega	8	6	y	
Beta Eta	5	1	y	
Beta Kappa	8	5	y	2
Beta Omega		0		
Beta Tau	10	8	y	2
Delta Iota	5	1	y	
Delta Phi	7	4	y	
Delta Tau		0		
Eta Pi		0		
Gamma Delta	9	3	y	
Gamma Eta	15	7	y	
Iota Omega		0		
Lambda Chi		0		
Rho Chi	29	14	y	1
Sigma Delta		0		
Sigma Tau	9	1	n	

Diane moved to dispense with the reading of the Winter Board minutes as they have been forwarded to all chapter presidents prior to the meeting, seconded by Jean Joyce, Beta Kappa. Motion carried.

Treasurer's report by Suzanna Ogden, Treasurer

Beginning Balance \$20,724.05  
Income \$923.00  
Expenses \$1,331.21  
Ending Balance \$20,315.84.

No comments or questions were posed for discussion. Proposed budget presented by Suzanna Ogden. Suzanna explained she had moved the 2020-2021 budget data to the current 2021-2022 year, with no changes. Some discussion was held on the duplicate purchase of the President's Gavel pins. Brenda will reimburse the state treasury \$20.00 for the duplicate pin. Rebecca Hatton, Rho Chi questioned why President Brenda Fields attended the IC leadership meeting in place of Brittany Covey and incoming president Sidney Kendall. It was explained that as both were unable to attend, it was decided at an earlier board meeting that Brenda would attend to represent Missouri at the meeting. Rebecca Hatton, Rho Chi, questioned if we paid the actual amount of three registrations as a point of clarification. With no more discussion the budget was tabled, to be voted for acceptance at the afternoon session.

Committee reports:

- Hope for Heroes –

A thank-you letter was shared from the Welcome Home organization in Columbia for the generous amount of donated goods collected and delivered at the MSC February Winter Board meeting.

At this current meeting, gift cards are being collected and will be donated to the Hero's Home Gate in Kansas City, MO.

FYI: Kansas City now has 50 tiny homes to help house homeless veterans and St. Louis is starting the same.

- Foundation- Sharon George  
Foundation funds collected - \$ 20,683.00  
Chapter funds donated - \$23,525.00  
Total - \$46,443.00

Upcoming voting will be a virtual ballot. We were encouraged to make sure all members' e-mails are current with IC to ensure Foundation members will receive the ballots by e-mail.

Rosalee Echele shared information on individuals running for the Foundation open positions.

Introduction of candidates by incoming president Sidney Kendall:

- Sandy Hosack - Workshop Coordinator. No other nominations. Position closed.
- Sharon Gardner – Parliamentarian. No other nominations. Position closed

- Heidi Shoemaker – Treasurer. No other nominations. Position closed.
- Laura Bush - Recording Secretary. No other nominations. Position closed.
- Diane Goold - Vice President. No other nominations. Position closed.
- Brittany Covey – President Elect. No other nominations. Position closed.
- Sidney Kendall – President. No other nominations. Position closed.
- Brenda Fields – State Counselor

Anne Murry, Alpha Omega moved to accept the slate of incoming officers, seconded by Angie Butenschoen, Rho Chi. Motion carried.

IC report – Tammy Gregg, IC representative; IC Corresponding Secretary.

- 50<sup>th</sup> anniversary of ESA support of St. Jude's. IC promotion of 50 for \$50 donations. Runs through the end of 2022.
- Tracy Swanson, Membership Coordinator. The 50/50 St. Jude promotion is a perfect time to recruit new members.
- Listed several fundraising activities chapters can use to raise funds for the 50/50 challenge.
- Social Media – use to communicate your fundraising activities. Reaches all ages.
- Talk, talk, talk about ESA. Ask everyone to join us! Take ESA information to all activities.

IC Convention – Indianapolis. Reservation deadlines are approaching. Go to the members' center for more information. Keynote speaker, BJ Clark.

- IC Fundraising event – lip sync ESA style.
- Tours at convention – Wine tour of 3 wineries; Massachusetts Avenue – “Mass Ave” – trendy shopping area; and others.
- IC challenge, Fri. July 29. Reliving favorite IC challenges through the years.
- Workshops: Estate Planning; Life Hacks; Ride Sharing; Do it Yourself Pet Supplies; Bloody Point Mixture Company; Laughter Yoga.
- IC coffee chats are back.
- Special award presentation on behalf of IC President Robin Bussey. Member earning award was Donna Cook, Rho Chi.

A greeting video from all participants was created live to send to IC President Robin Bussey who is currently in the hospital.

MARC report by MARC Rep from Oklahoma – Jennifer Sparkman; Hope for Heroes chair

- MARC is comprised of 11 mid-America states.
- Go to MARC Facebook page. (Earn points for posting information on-line).
- Hope for Heroes – several fundraising activities.
- [epsilonsigmaalpha.org](http://epsilonsigmaalpha.org) - a wealth of information and fundraising ideas.
- Next meeting will be in Tulsa, OK Oct. 7-8, 2022. Marriott Tulsa. Theme is “Get Your Kicks on Route 66.”
- Bring gift cards for Hope for Heroes.

Torchbearers' Report – Election of officers.

President – Brenda Fields

VP – Donna Cook

Recording Sec. – Carol Mayer

Treasurer – Rosalee Echele

Missouri is in the rotation to host the 2024 MARC conference. The Torchbearer's will oversee the planning of this conference. Location TBD but considering St. Louis.

St. Jude report - \$720,000 to date for Missouri fundraising.  
50/50 IC challenge – so far Missouri has 20 of the 50.  
Fundraiser activities still available at this conference.

Paula Miller – Hawthorne editor. Deadline is in a couple of weeks for the next issue.  
Very important to share chapter activities for all to enjoy,

Audit report – all accounts found to be in order.

Association of the Arts- Julie Whitaker reported we had the largest selection of artistic entries in several years.

Julie is also the webmaster. Please send information for publication to her at [esajuliew@gmail.com](mailto:esajuliew@gmail.com).

Dessert fundraiser netted \$160.00. Christy Fritschi won the prize for best dessert with her Key Lime Pie.

Meeting paused for Awards Luncheon. Meeting resumed 2:19 pm.

Proposed budget. Motion to accept by Marty Newman, Beta Eta and seconded Sandy Hosack, Rho Chi. Motion carried.

Unfinished or new business – none.

Convention report:

- Full Registration – 53
- Partial Registration – 8
- Guests – 1
- First Timer's – 5
- Elan/DESA/Youth – 0
- Mixer – 50
- President's Breakfast – 19
- General Breakfast – 38
- Recognition Luncheon – 56
- Banquet - 54



This was the conclusion of business portion of the meeting.



Non-business activities:

- Thank you to the Convention committee.
- Thank you to IC and MARC representatives.
- Brenda's President's Message
- Ways and Means total funds raised \$1,086.31
- Easter Eggs - \$337.00 for St. Jude
- IC challenge - \$800.00 for St. Jude
- \$170 for St. Jude raffle
- Presentation of the President's Gavel from Brenda Fields to Sidney Kendall  
Kathy Loyd lowered Brenda's President's gavel pin.  
Carol Mayer raised Sidney's President's gavel pin.
- Sidney introduced her newly appointed committee chairmen and thanked all who agreed to chair the committees.
- Torchbearers' induction of outgoing President Brenda Fields.

Closing thoughts – Kathy Loyd

Retirement of the Colors

Closing Ritual

Meeting adjourned 3:28 pm.

Respectfully Submitted  
Diane Goold  
MSC Recording Secretary



## Chef Brad's recipe for Maple Bacon dressing for his spinach salad

Original recipe will make one gallon - we have added the calculations for one quart

### Ingredients:

#### Gallon

8 cups maple syrup  
3 cups cider vinegar  
1/2 cup Dijon mustard  
2 cups chopped green onions  
2 Tbsp. black pepper  
2 Tbsp. salt

#### Quart

2 cups maple syrup  
3/4 cup cider vinegar  
2 Tbsp. Dijon mustard  
1/2 cup chopped green onions  
1/2 Tbsp. black pepper  
1 and 1/2 teaspoons salt

Mix with immersion blender (if you don't have one, you can use regular blender)

Slowly drizzle in the following ingredients while running on speed 6-7 (if using immersion blender or medium of using regular blender)

#### Gallon

2 cups vegetable oil  
6 cups warm bacon grease

#### Quart

1/2 cup vegetable oil  
1 and 1/2 cups warm bacon grease

This recipe will keep for a long time.

This recipe is courtesy of Rosalee – who obtained this tasty delight from Convention Chef Brad. He was quite touched that we brought him out to let him know how much we enjoyed his food. The staff usually only hear when people are unhappy with the food and rarely hear the good comments. He also said that the staff really enjoyed working with us and appreciated the recognition at the Saturday night banquet. It helps them to know how much they are appreciated for their long days.



**MSC Awards - April 9, 2022**  
**Courtesy of Claudia Hatton – Awards Chair**



**Disaster Fund:**

- |                 |             |
|-----------------|-------------|
| 1 <sup>st</sup> | Rho Chi     |
| 2 <sup>nd</sup> | Gamma Delta |
| 3 <sup>rd</sup> | Delta Phi   |

**Easter Seals:**

- |                 |             |
|-----------------|-------------|
| 1 <sup>st</sup> | Delta Phi   |
| 2 <sup>nd</sup> | Gamma Delta |
| 3 <sup>rd</sup> | Rho Chi     |
- Chapter donating ink cartridges
- |                 |            |
|-----------------|------------|
| 1 <sup>st</sup> | Lambda Chi |
|-----------------|------------|

**Educational:**

- |                 |   |
|-----------------|---|
| 1 <sup>st</sup> | Rho Chi – Sandy Hosack – “ESA My Sunshine”            |
| 2 <sup>nd</sup> | Sigma Tau – Maureen Power – “Moving Forward Together” |
| 3 <sup>rd</sup> | Alpha Omega – Caretha Thomas – “Key Facts of Life”    |

**ESA Foundation:**

Donations by Chapter to ESA Foundation

- |                 |                       |
|-----------------|-----------------------|
| 1 <sup>st</sup> | Rho Chi - \$10,285    |
| 2 <sup>nd</sup> | Alpha Omega - \$5,838 |
| 3 <sup>rd</sup> | Sigma Delta - \$5,165 |

Donations made by chapter through the Turnaround Fund

- |                 |                       |
|-----------------|-----------------------|
| 1 <sup>st</sup> | Rho Chi - \$18,600    |
| 2 <sup>nd</sup> | Sigma Delta - \$2,000 |
| 3 <sup>rd</sup> | Beta Eta - \$1,875    |

**Hope for Heroes:**

- |                 |             |
|-----------------|-------------|
| 1 <sup>st</sup> | Delta Phi   |
| 2 <sup>nd</sup> | Sigma Delta |
| 3 <sup>rd</sup> | Beta Tau    |

## **Membership:**

1<sup>st</sup> Beta Tau  
Gamma Delta  
Lambda Chi



## **Philanthropic:**

### **IC Projects:**

Chapter with most service hours per member

1 <sup>st</sup>	Sigma Delta	31.6 hours
2 <sup>nd</sup>	Rho Chi	27.9 hours
3 <sup>rd</sup>	Delta Phi	20.4 hours

Chapter contributing most money per member

1 <sup>st</sup>	Beta Kappa	\$66,094.71
2 <sup>nd</sup>	Rho Chi	\$ 8,010.45
3 <sup>rd</sup>	Sigma Delta	\$ 6,980.38

### **State Projects:**

Chapter with most service hours per member

1 <sup>st</sup>	Sigma Delta	– 8.5
2 <sup>nd</sup>	Rho Chi	– 1.74
3 <sup>rd</sup>	Delta Phi	- .75

Chapter contributing most money per member

1 <sup>st</sup>	Delta Phi	\$513.67
2 <sup>nd</sup>	Sigma Delta	\$231.44
3 <sup>rd</sup>	Rho Chi	\$ 24.90

### **Local Projects:**

Chapter giving most service hours per member

1 <sup>st</sup>	Delta Phi	47.28 hours
2 <sup>nd</sup>	Sigma Delta	16.28 hours
3 <sup>rd</sup>	Beta Kappa	13.89 hours

Chapter contributing most money per member

1 <sup>st</sup>	Delta Phi	\$1,635.16
2 <sup>nd</sup>	Sigma Delta	\$ 262.26
3 <sup>rd</sup>	Rho Chi	\$ 109.63

Individual with most philanthropic hours

1 <sup>st</sup>	Kim Mandrell	210 hours
2 <sup>nd</sup>	Marty Neuman	205 hours

3 <sup>rd</sup>	Jean Joyce	184 hours
<b><u>Publicity:</u></b>		
1 <sup>st</sup>	Beta Tau	
2 <sup>nd</sup>	Lambda Chi	
3 <sup>rd</sup>	Beta Eta	

**St. Jude:**

Most chapter sponsored hours per member

1 <sup>st</sup>	Rho Chi	16.72 hours
2 <sup>nd</sup>	Beta Kappa	2.63 hours

Most chapter sponsored money per member

1 <sup>st</sup>	Rho Chi	\$777.14
2 <sup>nd</sup>	Beta Kappa	\$ 26.25

Most ALSAC sponsored hours per member

1 <sup>st</sup>	Beta Kappa	38.75 hours
2 <sup>nd</sup>	Rho Chi	9.83 hours
3 <sup>rd</sup>	Sigma Delta	5.20 hours

Most ALSAC sponsored money per member

1 <sup>st</sup>	Beta Kappa	\$41,182.95
2 <sup>nd</sup>	Rho Chi	\$ 6,633.32
3 <sup>rd</sup>	Sigma Delta	\$ 5,219.10

Most individual hours – any event

1 <sup>st</sup>	Jean Joyce, Beta Kappa	184 hours
2 <sup>nd</sup>	Jan Leonhard, Rho Chi	144 hours
3 <sup>rd</sup>	Rosalee Echele, Rho Chi	124 hours

**Social:**

1 <sup>st</sup>	Delta Phi
2 <sup>nd</sup>	Alpha Omega
3 <sup>rd</sup>	Beta Tau





Annual  
**STRAWBERRY FESTIVAL**

**Benefiting Central Missouri Honor Flight**

June 11, 2022 from 4-9:30 PM Serenity Valley Winery  
1888 County Rd 342, Fulton, MO 65251

Join us for a family friendly day of music, food, and vendors followed by fireworks!

\$5 entry and children under 3 are free.

All proceeds benefit Central Missouri Honor Flight.

Like our event on Facebook or email  
[midmostrawberryfestival@gmail.com](mailto:midmostrawberryfestival@gmail.com)



# DIY RAINBOW EDGE STATIONERY

From: **STUDIO DIY!** Make life a party



Total Time: One Hour

## **Supplies**

[High-Quality White Envelopes](#) (Low quality tears too easily!)

[High-Quality White Notecards](#)

Craft Paint in Rainbow Colors

Makeup Sponges or Foam Brushes (One for each color, ideally!)

Washi Tape

T-Shirt

## **Directions**

1. Washi tape is too sticky on its own to place directly on the envelopes, so you have to remove some of the sticky first. Do this by tearing off a piece and sticking it to a t-shirt several times.
2. Lightly place the piece of tape about 1/8" from the edge of one side of the front of the envelopes.

3. Dip a sponge into your first color and dab it over about a 1" section of the exposed edge. Repeat this with the other colors, overlapping each one slightly so it blends.
4. Immediately remove the tape after you finish painting one edge. Do this slowly, so as to not rip the paper.
5. Repeat on the opposite edge and let dry completely, then complete the other two sides. Let dry again.
6. After the front is completely dry, it's time to do the back! Follow the same steps above for doing the flap of the envelope. Let dry.
7. Then tape two pieces of tape about 1/8" apart along the bottom diagonal lines on the back of the envelope. Sponge in-between the lines and let dry. Done!!
8. Use the same steps as the front of the envelope to do the notecards, if you want a complete set!







**MSC Leadership Conference – September 9-10 2022**  
**Courtyard at the Marriott**  
**4341 Veterans Memorial Parkway**  
**St. Peters, Missouri**

NAME \_\_\_\_\_  
 CHAPTER NAME & \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ PHONE \_\_\_\_\_  
 CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

Please check the following that apply:

\_\_\_\_\_ State Officer \_\_\_\_\_ State Chairman \_\_\_\_\_ Chapter President  
 \_\_\_\_\_ Torchbearer \_\_\_\_\_ Pledge

<u>EVENT</u>	<u>COST</u>	<u>TOTAL</u>
Conference Full Registration	\$72.	\$ _____
Late Fee \$5 Walk-In Fee \$5.**	\$ \$5.	\$ _____

\*\*In addition to late registration fees. Cash Only. Meals only as space allows.

Full registration includes: Conference, Friday Mixer Dinner, Sat. Breakfast and Lunch.  
 Mail Registration Form and check to:

Make check payable to: **Beta Kappa** Check #: \_\_\_\_\_ Date: \_\_\_\_\_  
 Send to: **Jean Joyce**  
**115 Eagle Cove Place Home 636-395-7675**  
**St. Charles, MO 63303 Cell 314-602-4930**

Registration Deadline: August 26, 2022 - Late Fee of \$ 5.00 after August 26, 2022.

Special Diet Request (allergies, foods, etc.):

***Must be received by August 26, 2022.***

*After August 26, registration fee must be paid by money order, certified check or cash.  
 Refunds will not be given for cancellations after August 30, 2022.*

**ROOM RESERVATION INFORMATION**

**Courtyard by Marriott Room Rate \$121.00 + tax (1-4 people)**  
**4341 Veterans Memorial Drive 636-477-6900**  
**St. Peters, MO 63376**

**Rooms MUST be reserved by Wednesday, August 10, 2022 for group rate.**

# Run Rich Run kicks off 60 Days for St. Jude during 60th anniversary of St. Jude Children's Research Hospital

PR Newswire - MEMPHIS, Tenn., May 3, 2022

Emmy-nominated NFL Network host Rich Eisen kicked off "60 Days for St. Jude," a fundraising and awareness campaign to benefit St. Jude Children's Research Hospital®, with his annual Run Rich Run event. Now in its 18<sup>th</sup> year, Run Rich Run aired on Saturday, April 30, during Rounds 4-7 of the NFL Draft.

The 60-day campaign coincides with the 60<sup>th</sup> anniversary of St. Jude Children's Research Hospital and nods to the NFL Play 60 partnership with St. Jude. Now through June 30, visit [StJude.org/RunRichRun](https://www.stjude.org/RunRichRun) to participate. There are a variety of fun ways to get involved, including by donating to St. Jude and uploading 40-yard-dash videos on social media using the hashtag #RunRichRun.

This year's Run Rich Run was filmed at the Rose Bowl, in Pasadena, California, where Eisen was joined in his now iconic run by NFL Legends and nationally recognized business entrepreneurs who each attempted their best 40-yard-dash to support St. Jude kids and families.

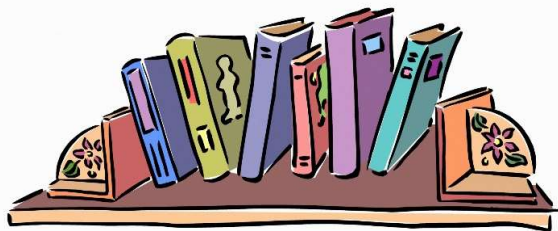
Running alongside the formidable athletes and pillars of industry was St. Jude patient Alexander, 11. Alexander was just 7 years old when he was diagnosed in 2017 with medulloblastoma, a form of brain cancer. After being treated at St. Jude, Alexander is now cancer-free. His participation in this year's Run Rich Run event was a tribute to all the kids being treated at St. Jude. Alexander loves running and not only ran the 40-yard-dash but served as the official timer and motivator for Eisen and the other runners.

"To watch our friend Rich Eisen take the field each year for Run Rich Run is truly inspirational and his dedication to helping kids like Alexander is nothing less than extraordinary," said Richard C. Shadyac Jr., president and CEO of ALSAC, the fundraising and awareness organization for St. Jude Children's Research Hospital. "Because of efforts by supporters like Rich, our partners at the NFL and so many dedicated Run Rich Run fans, St. Jude can advance its six-year, \$11.5 billion strategic plan that includes tripling its global investment to help more of the 400,000 kids around the world with cancer each year."

Eisen was named 2021 St. Jude Ambassador of the Year for his ongoing efforts to support the mission of St. Jude: Finding cures. Saving children.® Fundraising from events like Run Rich Run ensure that families never receive a bill from St. Jude for treatment, travel, housing or food, so they can focus on helping their child live.

Since 2012, the NFL has partnered with St. Jude through NFL PLAY 60, which is the "Official Champion of Play" at St. Jude Children's Research Hospital. As the League's national youth health and wellness campaign encouraging youth to get physically active for 60 minutes a day, the NFL PLAY 60 initiative helps patients and families at St. Jude cope with serious illnesses through play therapy, peer interaction and other activities. NFL PLAY 60 Super Kid Aubrey Anaya, 11, attended this year's run as an ambassador and supporter.

## Spring Reading courtesy of Bas Bleu



### **Yours Cheerfully by AJ Pearce**

Following the departure of the formidable Henrietta Bird from *Woman's Friend* magazine, things are looking up for Emmeline Lake as she takes on the challenge of becoming a young wartime advice columnist. When the Ministry of Information asks newspapers and magazines to help them recruit women workers for the war effort, Emmy is more than happy to do her part. But when she makes a friend at the local munitions factory and learns about the challenges women workers face, she must decide between doing her duty and staying loyal to her friends. Historical fiction at its finest, **Yours Cheerfully** balances the heavier topics of WWII with wit, wisdom, and a cast of the most delightful characters.

### **The Great Hotel Murder by Vincent Starrett**

Chicago, circa 1935: A banker is discovered dead in his hotel room, but nothing about the man's death seems to make sense. He'd registered under a false name, asked a complete stranger to swap rooms, and didn't tell his wife, a Chicago-based actress, that he was in town! Enter theater critic and amateur sleuth Riley Blackwood. With a close circle of suspects and a difficult puzzle to solve, Blackwood roams Chicago in search of the truth. **The Great Hotel Murder** is a fast-paced whodunit with lots of twists and turns, sure to please fans of Golden Age mysteries.

### **The Engineer's Wife by Tracey Enerson Wood**

Chief engineer Washington Roebling suffers an injury and asks his wife, Emily, to put her dreams on hold to help construct the Brooklyn Bridge. Based on a true story, **The Engineer's Wife** tells of Emily, who gave up her fight for women's suffrage to help Wash, despite her fears that her once unmistakable identity would be woven within her husband's legacy. A compelling story about sacrifice, tenacity, and loss, it will transport you to nineteenth-century New York City and change the way you regard the sensational landmark.

### **An Irish Country Doctor by Patrick Taylor**

Fresh out of medical school, Barry Laverty joins a small practice in Ballybucklebo, Northern Ireland, in Patrick Taylor's charming fictional series. After becoming acquainted with local town residents and gaining real-world medical experience, Barry begins to realize that he has much to learn from both his seemingly antiquated boss and the people of Ballybucklebo. Permeated with laugh-out-loud fun and endearing, authentically human moments, **An Irish Country Doctor** is an absolute joy to read.

### **The Thursday Murder Club by Richard Osman**

To a casual observer, the members of the Thursday Murder Club look harmless: senior citizens who pass the time at their retirement village researching police cold cases. However, after a local builder is murdered, the Club contrives to be part of the investigation, straining the patience of the lead detective. After all, what could an elderly psychiatrist, a retired nurse, an erstwhile labor organizer, and a woman who hints she is a former spy uncover that the police cannot? Plenty! An absorbing whodunit that is by turns wryly amusing and unexpectedly tender.

### **The Ride of Her Life by Elizabeth Letts**

When it comes to salt-of-the-earth types, they don't get much saltier than Maine farmer Annie Wilkins. With impeccable moral and physical fortitude, a profound love for animals, and an endearing sense of humor, Wilkins was told, at the age of sixty-three in 1954, that she likely had only two years to live. Ever the optimist, Wilkins took this information in stride. She sold everything she owned (except for her dog, Depeche Toi), put on several layers of warm clothing, bought a horse named Tarzan, and rode west to fulfill a lifelong dream to see the Pacific Ocean. **The Ride of Her Life** shares the triumphant story of her journey, detailing all the surprises and hardships, joys and mishaps, and astounding human kindnesses she experienced along the way.





## **37<sup>th</sup> Midwest Area Regional Council Conference**

**Friday, Oct. 7 & Saturday, Oct. 8, 2022**  
Rooms are available for Thursday, Oct. 6, 2022

### **Marriott Tulsa Southern Hills Tulsa, Oklahoma**

The hotel is providing **free** parking, **free** Wi-Fi in sleeping rooms and public space, **free** breakfast buffet included daily for up to 4 guests in a room and **free** transportation within 5-mile radius of hotel based on availability. Rooms will include Smart TV's, safes, coffee makers, refrigerators and multiple USB ports in all guest rooms. Room rate is \$121 + tax.

## **Hosted by the ESA Oklahoma State Council**



Whether you come from the north or the east, we hope "The Mother Road" in Oklahoma is your next destination.

**Group Link: [Book your group rate for Epsilon Sigma Alpha MARC Conference](#)**

**Marriott Tulsa Southern Hills (Hotel Code ESA MARC)**  
1902 E. 71st St., Tulsa, OK 74136  
1.800.228.9290 or 1.918.493.7000 <http://tulsamarriott.com>

## **MORE ESA FOUNDATION NEWS**

### **ESAF Website Gets a Facelift**

In case you haven't visited lately, I wanted to bring to your attention that the ESA Foundation Website has undergone considerable updates during recent months. Besides more current information, some page data was combined (which allowed for reducing the number of pages required to locate related information), some pages were removed, and some given a completely fresh look. The result is easier navigation for the site visitor which, in turn, makes it more practical to locate information you need...

Terrie Rust, Web Chair

### **ESA Foundation Grant Program**

Continuing to Make a Difference...The Minnesota State Council continues to set a fine example when spending their hard earned Philanthropic funds to help support the ESA Foundation Grant Program. They are not only helping the Foundation but the many grant seekers looking to improve their careers or choosing another field of employment in order to provide for their families and have a better quality of life. The COVID-19 virus put a strain on the economy and many lost their jobs in the last two years. The Grant Program can only stretch their dollars so far and contributions like these certainly help support the program. Minnesota has donated \$2,500 this year and it is greatly appreciated. Sue McDonell and her family from the State of Oregon also made a commitment to the Grant Program with a monthly donation. I mention these donations because their contributions have made a difference and are great examples of giving to support a need. Now, more than ever, our grants are going to be essential in helping to get people back into the workforce. The Grant Program is supported by the small amount of the interest created each year from Life Active Membership Funds as well as individual group donations and funds. The Grant Program always needs supporters to help build the program so we can continue to make a difference in the lives of others. This can be a monthly or annual donation directed to the grant program. It can be a State, Council, District or Chapter project. Individuals or families, like the McDonell's, can also contribute. ESA Foundation grants can be awarded to ESA and non-ESA members who meet the designated requirements.

Rosalie Griffith, Grants Chair

### **Amazon Smile - Support the ESA Foundation**

Now you can indulge in your favorite retail therapy while helping the Foundation!! If you are not already an AmazonSmile member, simply sign up at [smile.amazon.com](https://smile.amazon.com) and select ESA Foundation to start generating donations, at no cost to you. Open the app and find 'Settings' in the main menu (☰). Tap on 'AmazonSmile' and follow the on-screen instructions to turn on AmazonSmile. If you are already an AmazonSmile member, you can easily change your charity to ESA Foundation. But make sure to select ESA Foundation in Fort Collins CO

## **ESAF Fund Fest Needs Volunteers & Sponsors**



No more SNOW . . . no more ICE . . . no more COLD DAYS!

Is this how you feel nowadays? Don't despair . . . right around the corner is a date for you Under the Big Top at the ESAF Fund Fest on Tuesday, July 26th. It will be a time to have fun, enjoy being with other ESA members and to raise money for the ESAF Foundation.

### **Are you READY???**

Games, prizes and fun times. When you enter the Big Top you'll receive game tickets. Play the games, win prize tickets and then select the item you hope to win from the prize display. Games are easy and you'll feel like you're back in the days when you enjoyed the carnival when it came to town!

Like golf? There'll be a putting area too so you can test your "HOLE IN ONE" skills. Grab a duck in the floating duck pond and win prize tickets . . . and many more fun games.

Sounds like fun . . . the perfect time after a cold and icy winter? Another addition to the evening is a BEVERAGE PULL. Would you consider being a sponsor of the BEVERAGE PULL or donate a bottle of wine, or your favorite alcoholic / non-alcoholic spirits or a 6-pack of beer to share with your ESA friends throughout the week.

Many volunteers are needed to make this event successful. Your help is essential. Please consider signing up to be a special part of the evening. It's easy to sign up [send us a message with your email address and phone number.](#)

Hope you'll join in the FUN and start off the IC Convention with a fun-filled evening!

