

# ReMars

*Live it!*



*Life is what you make it!*

*Make your MARC!*

Wow! What a great IC Convention I had. So many wonderful, amazing people in one place. So many opportunities to learn and make new friends. Indianapolis is a great city and I loved the opportunity to see it. I only got lost once. If you've never been to an IC Convention, what's stopping you? I promise if you attend once, you will want to keep going back.

I hope everyone is planning to attend the MARC Conference, October 7-8, in Tulsa. Our Oklahoma ESA family has a great weekend planned for us. In this edition of the ReMARCS you will find an article from our conference chairs sharing some of the details of their plans for us, Friday's educationals, Friday night's mixer, and more. Saturday we will conduct some business, but since we only have one by-law change, we should be able to zip right through it.

Saturday night's banquet and installation of officers is always a beautiful and moving occasion. I love the rites and ceremonies; they remind me that I am a part of something larger than just myself. And one last thing. FUN! We have fun! Hanging out, meeting new friends, sharing stories and ideas, and relishing in the joy and company of old friends. This is an event that you don't want to miss! I promise you will learn new things, meet new people and have a wonderful time. Try it! You will love it. I know that you will!

I leave you with this thought until we see each other in October.

"What's kindness?" asked Rabbit.

"It's giving something of yourself so someone else can feel stronger," said Bear. - Tara Shannon  
With ESA love and hugs,

Kim Poling MARC President

Hello Everyone! I'm still filling my Appointed Board so if you are interested in being on a committee, please send me an email. I am looking for Foundation, Nominating and Chaplain committee members. I am trying to get at least two persons for every post. Thanks to all who came up to me at IC!

It was so good to see everyone at IC, COVID not included! I'm looking forward to our conference in Oklahoma seeing what that great State has planned for us in October! Please get your registration in and if you would like to purchase an ad for the booklet, it is due to Judi York by 1 Sep.

Have a great rest of your Summer and see you in October!

*Bonnie*

785-770-2741

Bonniet56@gmail.com





Pictured (Left to Right) Jill Shull, Julie Whitaker, Alley Gary, Bonnie Templeton, Heather Hoey, Brittany Rosenmund, Amanda Rowlings, Jennifer Sparkman, and Kim Poling 2021-2022 MARC President

The candidates for the 2022-2023 MARC Board are pictured above. Following are their qualifications along with the position they are running for.

**President - Bonnie Templeton (Kansas) - Member since 1998**

Chapter: President (2), Vice President (2), Secretary (4), Treasurer (6), Awards Chair (8), Philanthropic Chair (8), Educational Chair (2), Ways and Means Chair (6), Jonquil Chair (3), Nominating Chair (5), and all committees,

District: Committee Chairs - Heartsping, Audit, and Publicity

State: Committees - Association of the Arts, Ways, and Means, ESA Foundation, Convention Registration, Convention Decorations, Scrapbook, IC Convention Association of the Arts. Chairs - Awards, ESA Foundation, Budget, Nominating, Disaster Fund, Kansas Care and Share, Philanthropic, Newsletter (2). Appointed Offices - Parliamentarian, Counselor/Past President. Elected Offices - Workshop Coordinator, Auditor, Recording Secretary, 2nd Vice President, 1st Vice President, President.

MARC: Ways and Means (2), IC Convention Booklet. Appointed Offices - Chaplain. Elected Offices - Treasurer, Secretary, Vice President/President-Elect.

IC: Committees/Chairs - Association of the Arts, Credentials, News Bulletin, JR Webmaster, Webmaster, Bylaws.

Awards: ESA Foundation Outstanding Counselor, BJ Clark President's Award. 5th Degree Pallas Athene, Life Active Member IC, Life Active ESA Foundation.

**Vice President - Jill Shull (Illinois) - Member since 2003**

Chapter: All Executive Board Positions, President, Vice President, Secretary, Treasurer  
State: Elected Positions, Educational, Recording Secretary, Corresponding Secretary, Treasurer, Vice President, President-Elect, President  
MARC: Elected Positions, Treasurer, Recording Secretary. Committees, Audit  
IC: Nominating Committee

**Treasurer - Brittany Rosenmund (Michigan) - Member since 2014**

Chapter: All Executive Board Positions, Chartered a Chapter  
State: President, Vice President, Counsel Editor, St Jude Chair  
MARC: Foundation Counselor, Communicator, Hope for Heroes Chair  
IC: Cheer Committee, Newsletter Editor, Hope for Heroes, AA

**Secretary - Amanda Rowland (Ohio) – 11-Year Member**

IC: IC Award-Certificate of Achievement, IC: Cheer Team, Jr Membership Chair, Sr Membership Chair  
MARC: Easter Seals Chair, Treasurer  
State: President, Vice President, Treasurer, Editor, Marc Rep, Jr Past President, Disaster Fund Chair, Social Chair, Ways and Means, Membership Chair, Social Media Chair  
Chapter: Founding member of Pi Xi #5598, President, Vice President, Treasurer, Secretary, Points and Awards, Philanthropic, Educational, Social, Ways, and Means.  
ESA Foundation Member  
Fourth Degree Pallas Athene

**Communicator - Jennifer Sparkman (Oklahoma) - Member Since 2018**

Chapter: President, Chapter Secretary. Western District Vice-Coordinator  
State: Treasurer, Hope for Heroes Chair, Publicity Chair, Easter Seals Chair, MARC Convention Planning Committee  
ESA Foundation - Director  
MARC: Hope for Heroes Chair.

**Parliamentarian - Alley Gary (Indiana) - Member since 2013**

Collegiate Member: President, Pledge Trainer

Chapter: President, Jr Past President/Disaster Fund, Treasurer, Recording Secretary, Parliamentarian, Awards, Ways and Means, and Philanthropic

State: President, 1st Vice President, 2nd Vice President, Treasurer, Recording Secretary, Collegiate Coordinator, Association of the Arts

MARC: Social Chair

IC: 2022 Convention Registration Chair

**Parliamentarian - Heather Hoey (Michigan) – 20-Year Member**

Chapter: Educational Director, Secretary, Vice President, President

State: Treasurer, Secretary, 2nd Vice President, 1st Vice President, President, Foundation Counselor

MARC: Ways and Means Committee, Audit Committee

IC: Jr St Jude Coordinator

**Parliamentarian - Julie Whitaker (Missouri) - 14 Year Member**

Chapter: President (3), Educational Chair (2), Social, Philanthropic Chair, Historian, St. Jude Pickleball Clinic Chair

State: Parliamentarian, Workshop Coordinator, Association of the Arts, President-Elect, Vice President, President, State Counselor, Website Coordinator, St. Jude Jr, Social Chair

*hello,*  
**AUGUST**

Can we say WOW? I think I am still on the IC Convention high! What a great convention! I had such a great time with friends old and new! Thank you all for coming to the MARC meeting during the convention. Attached to this article is the Budget for your viewing pleasure and the Current treasurer's report as of IC Convention. These are both available in this newsletter, and the Budget and current treasurers report for the MARC Conference will also be in the program when we get to Oklahoma!

I hope many of you will come to Oklahoma and have a great time. I know they have quite a bit planned for us, and it sounds so wonderful! If anyone has any questions, please feel free to email me @rowlgirl@yahoo.com or text/Facebook me. I continue to be so overwhelmed by all the ESA members and all that you do! Those totals for St Jude... I mean WOW! Congrats everyone!

Amanda Rowland  
Treasurer



My Roomies: Trish Villines and Tammy Reynolds. (We Missed Lauren Ryan- Stupid Covid)



Cousins: Tammy Reynolds and Ohio State President Becka Lloyd

# Midwest Area Regional Council Epsilon Sigma Alpha IC Convention Report



Balance on Hand as of 5/23/2022 \$ 13,780.30

**Income:**

7/20/2022 50/50 Ways & Means Cash 370, checks 150 \$ 520.00

**Total Income:** \$ 520.00


**Expenses:**

983	5/31/2022	ESA IC Ad	Marc ad	\$ 100.00
987	7/25/2022	BJ Voll/State Visit Reimbursement		\$ 331.11
988	7/25/2022	Amanda Rowland/State Visit Reimbursement		\$ 94.19
989	7/25/2022	Brittany Rusenmund/State Visit Reimbusemer		\$ 165.00
990	7/25/2022	Brenda Campbell/State Visit Reimbursement		\$ 324.09
991	7/25/2022	Brenda Fields/State Visit Reimbursement		\$ 562.95
992	7/25/2022	Birdie Elkofska/State Visit Reimbursement		\$ 829.53
993	7/25/2022	Bonnie Templton/State Visit Reimbursement		\$ 784.97

**Total Expenses:** \$ 3,191.84

Balance on hand as of 7/25/22 \$ 11,108.46



 <b>MARC PROPOSED</b>  2022-2023 BUDGET	BEGINNING BALANCE	CURRENT BALANCE	
	Balance of \$10606.23 as of 10/09/2021	\$ 11,108.46	
	CURRENT	ACTUAL	PROPOSED
	BUDGET 2021-2022	as of 7/25/2022	BUDGET 2022-2023
<b>INCOME</b>			
Ways and Means Fundraisers	\$ 2,000.00	\$ 1,380.00	\$ 1,000.00
Conference Profit	\$ 1,600.00	\$ 3,133.47	\$ 2,500.00
Repayment of Conference Loan	\$ 500.00	\$ 500.00	\$ 500.00
Miscellaneous	\$ 100.00	\$ 490.00	\$ 100.00
<b>TOTAL INCOME</b>	\$ 4,200.00	\$ 5,503.47	\$ 4,100.00
<b>EXPENSES</b>			
MARC Spring Board Meeting	\$ 200.00	\$ 370.69	\$ 300.00
IC Dues (pd in Sept for the next year)	\$ 45.00		\$ 45.00
<b>President Expenses</b>			
IC Conv Registration/Travel/Hotel	\$ 1,200.00	\$ 275.00	\$ 1,200.00
MARC State Visit Registration/Travel	\$ 500.00	-	\$ 500.00
MARC Conference Registration/Travel	\$ 400.00	\$ 150.00	\$ 400.00
<b>President Elect Expenses</b>			
IC Leadership Registration/Travel	\$ 1,000.00	\$ 135.00	\$ 1,000.00
<b>Other Expenses</b>			
Ways and Means Chair	\$ 35.00		\$ 35.00
Chaplain	\$ 75.00		\$ 75.00
Presidents Gavel Guard	\$ 30.00		\$ 30.00
MARC REPS State Convention Mileage (@ 0.58.5)	\$ 3,900.00	\$ 3,091.84	\$ 3,900.00
MARC REPS State Convention Other	\$ 300.00		\$ 300.00
MARC Conference Speakers	\$ 1,500.00		\$ 1,500.00
IC Ad	\$ 100.00	\$ 100.00	\$ 100.00
Website	\$ 20.00		\$ 20.00
IC Audio	\$ 150.00		\$ 150.00
Bond (Due April 2024)			
Miscellaneous***	\$ 100.00	\$ 388.71	\$ 100.00
Conference Loan	\$ 500.00	\$ 500.00	\$ 500.00
<b>TOTAL EXPENSES</b>	\$ 10,055.00	\$ 5,011.24	\$ 10,155.00
<b>OVER / UNDER</b>	\$ (5,855.00)		\$ (6,055.00)

\*\*\*Miscellaneous\*\*\*

Past President Marc Expenses ( Not calculated in previous year) 2020-2021	\$ 302.00	
Checks	\$ 35.35	
Treasurer's Expenses (Thumb Drives)	\$ 51.36	
Fees/refunded	\$ 33.00	\$ 33.00
Total Miscellaneous***		\$ 388.71



Hello everyone! A few days out and I'm still recovering from a fabulous IC Convention. It was wonderful to get together to share laughs, learn some things and celebrate the amazing accomplishments of ESA over the past year.

Now on to MARC and Oklahoma. A copy of the lone proposed by-law change is included ReMARC's and a copy of such was available to each state at IC Convention. Please discuss this proposal with your State reps and be prepared to vote in October.

Oklahoma has been working hard and has a terrific Conference planned for us. You WILL NOT want to miss it!

I look forward to seeing you all in October as we gather for our MARC Conference. Stay safe and take good care!

Brenda Campbell– Parliamentarian



**PROPOSED CHANGE TO STANDING RULES:****Add:****XV. MARC Leadership and Conference**

The annual MARC Leadership and Conference shall be hosted by a MARC state according to a rotational plan.

Based on historical information and bids received, the following rotation will begin in 2015 and will continue in chronological order every 11 years thereafter.

Rotational meeting plan - 11 years:

2020- Indiana

2021-Kansas

2022-Oklahoma

2023- Illinois

2024- Missouri

2025- Wisconsin

2026- Nebraska

2027- Minnesota

2028- Michigan

2029- South Dakota

2030- Ohio

A member state that cannot host in rotation must advise the MARC Junior Past President / Nominating Committee Chairman at least two years prior to the scheduled date so that an exchange of year can be negotiated with another member state.

Host State Chairman and/or co-chairmen will be announced 2 years out at the MARC meeting at IC.

All profit from the Annual Conference shall be given to the MARC treasurer for deposit.

**The annual MARC Leadership and Conference hotel contracts will be signed each year by the current MARC President.**

**Reason: To clarify that MARC is the responsible party for any hotel indebtedness and is the official representative for the conference and not the hosting state.**

**Example: If MARC does not meet the attrition, then it is their responsibility to pay, not the host state.**

## MARC - IC Convention Meeting Minutes July 28, 2022

**1:45pm**                      **Opening Ritual**

### **Kim Poling – President**

Introduction of the board was given.

Executive and Appointed Board Members present:

Kim Poling – President  
Bonnie Templeton – Vice President  
Jill Shull – Secretary  
Amanda Rowland – Treasurer  
Brenda Campbell – Parliamentarian  
Brittany Rosenmund – ReMARC's Editor  
Brenda Fields – Jr Past President  
Birdie Elkofska – ESA Foundation  
Jennifer Sparkman – Hope for Heroes  
Brenda "BJ" Voll – Ways and Means  
Heather Hoey – Ways and Means Committee  
Claudia Hatton – Ways and Means Committee  
Judi Grefer - Website  
Judy Baxter – Audit Committee  
Rhonda Rawlings - Audit Committee

### **Brenda Campbell – Parliamentarian**

Rules of the meeting and the parliamentary changes (see attachment) was presented. These will be posted in the ReMARC's and on the MARC website.

### **Brittany Rosenmund – ReMARC'S Editor**

A request was made for the need of articles, and they will be due one week following IC Convention. (08/06/22)

### **Amanda Rowland – Treasurer**

A flash drive was distributed to all officers for their record keeping. She also presented the Treasurer's Report and the proposed 2022-2023 budget. (See attachment) This will also be posted in the ReMARC's and on the MARC website.

**Birdie Elkofska – ESA Foundation**

The MARC Endowment and Purple Heart Endowment are needing support from each state. A flyer was passed out of a fundraiser event during the MARC Conference in October, BOOKS & BEVERAGES. She is looking for 2-3 volunteers to assist her at the hospitality room selling tickets. (Please contact Birdie if you can help) She is also looking for new or ever so slightly used BOOKS to be donated. As well as BEVERAGES. (Alcohol or non-alcohol) (See attachment)

**Jennifer Sparkman – Hope for Heroes**

“COFFEE BUNKER” assists veterans transitioning from military life to civilian life. She is requesting “nationally known” gift cards of smaller denominations. This will enable presentations to more veterans.

**Brenda “BJ” Voll – Ways and Means**

A Purse Raffle filled with gift cards with a total value of \$150.00 is needing donations of such from each state. The purses will be raffled off at the MARC Conference. (See attachment)

There will also be a 50/50 raffle thru-out the MARC Conference too. Tickets are \$10.00 each and 50% will go to Ways and Means and the other 50% will be split between 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place.

**Brenda Fields – Jr Past President**

The appointed board nominees were presented as

President - Bonnie Templeton - KS

Vice President -Jill Shull - IL

Parliamentarian - Alley Gary - IN

Heather Hoey - MI

Julie Whitaker – MO

Treasurer - Brittany Rosenmund - MI

Secretary - Amanda Rowland - OH

Communicator - Jennifer Sparkman - OK

Jr Past President - Kim Poling – IL

Brenda will be conducting the Celebration of Life and will be reaching out to each state for names and photos of those that have passed.

**Bonnie Templeton – Vice President**

Presented her theme for the 2022-2023 MARC year of “**Be all you can BEE in ESA**”. She also was looking for volunteers to be on an appointed committee.

**Jamie Atchison/Maria Bingheim - 2023 MARC Conference Co-Chair**

The Illinois State Council presented that the 2023 MARC Conference of "OKTOBER-FEST" will be held at the Embassy Suites in East Peoria, Illinois. The dates are 10/12-14/23. The price of the rooms will be Single/Double-\$139, Triple-\$149 and Quad for-\$159. Room rates will be available for two days before and two days after the conference based on availability. Free guest Wi-Fi and parking. (See attachment)

**Rosalie Griffith - 2022 MARC Conference Co-Chair**

"Get Your Kicks on Route 66" 2022 MARC Conference will be hosted by Oklahoma State Council. This will be held at the Marriott Tulsa Southern Hills in Tulsa, Oklahoma on 10/7-8/22. Registration Flyers were available. (See attachment) Registration is \$150 For the Conference and Leadership. The first due date is 09/10/22.

The room rates are \$121 per night with free self-park, Wi-Fi and breakfast. The hotel code to use when booking your room is ESAMARC. The hotel will provide a free Shuttle to and from the airport and anywhere you want to go within a five-mile radius of the hotel. There is a nearby Casino and the shuttle will take you there and bring you back.

There are still opportunities to place ads in the program book. The deadline for providing information in the program book is 09/20/22. Order forms were placed on the tables for everyone. (See attachment)

There will be fun workshops. Lori Fullbright, News Anchor for KOTV Channel Six will share information about safety and how to avoid the current cons, frauds and scams to keep us safe!

Chef Jeff Marlow will share the growing significance of food insecurity, especially for children, and how it is being addressed. And Maura Guten, President & CEO, Child Abuse Network (CAN) will share information on the national CAN program as well as child trafficking in the US.

The Friday Night Mixer promises to be fun with games and other surprises.

**Jill Shull – Secretary**

Roll call was taken and there were

10 States Represented

10 State Presidents

10 State Representatives

5 Alternate State Representatives

121 Total Members

**2:33pm                      Adjournment and Closing Ritual**

**Respectfully Submitted,**

**Jill Shull**

**2021-2022 MARC Secretary**

I am sure most of you in MARC are aware that MARC has two Scholarship (Endowment) programs that we support and encourage participation in. They are the MARC Endowment and the MARC Purple Heart Endowment. Both have GPAs of 3.00 minimum on a 4.00 scale. We can continue to award these scholarships to deserving students if we continue to support them. So, I encourage all of you and your chapter and state to mention them to as many people as possible. At each MARC Conference, we have a special FUNDRAISER to keep these two programs healthy. This year in Tulsa the 7th and 8th of October we will have a BOOK AND BEVERAGE fundraiser and of course I would sure like your help.

I would LOVE donations of new or very gently used books and Adult Beverages (BOOZ!) for this cork pull-type event. The place will be at the conference hotel in the HOSPITALITY ROOM. So, be sure to visit for wonderful conversation, drinks, and much much more including the BOOKS AND BEVERAGES Event. The other request is that the value of your donation is a minimum of \$10.00. Our cost to participate will be \$10.00. And of course, you can participate many times.

Many have asked me why I worded it Books and Beverages instead of Liquor or Booz. That has to do with state and hotel regulations.

If you plan on bringing donations to the MARC Conference, would you please drop me an email at [birdieelkofska@comcast.net](mailto:birdieelkofska@comcast.net) so I have an idea of how many items I will receive? These donations can be dropped off at the Hospitality Room.

Birdie



## ESA MARC Foundation Books and Beverages Fund Raiser

Support the MARC ESA Foundation Scholarships through a Books and Beverages "Cork" Pull. Bring new or softly used books (adult or children's) or a beverage of your choice (hard or soft drink) to be sold through a "cork" pull drawing.





The 37<sup>th</sup> ESA Midwest Area Regional Council (MARC) Conference will be held in Tulsa, Oklahoma October 7-8, 2022!

Registration is due September 10, 2022 and the conference will be held at the Marriott Tulsa Southern Hills hotel.

**HOPE FOR HEROES** will be sponsoring The **COFFEE BUNKER** this year.

Their mission is to support veterans and service members in their transition to civilian life through personal and professional development.

They meet veterans “where they are” and help with the transition to family and community life. They are Tulsa’s only peer run drop-in center, and provide a family friendly, alcohol and drug free environment. They have a 3500sq ft facility set up for veterans and their families to get together, use computers, access WI-FI, enjoy games and group activities, watch Tv or movies, and just hang out.

We are asking members to bring various gift cards of relatively small amounts so that they can be distributed to a greater number of individuals.



**Jennifer Sparkman– Hope for Heroes Chair**

This is my last newsletter for a very long time (like forever!). I have really enjoyed reading about all the things that each state has shared with me for the ReMarcs. It's been great getting to know everyone and all the people involved in making up on MARC states.

I will see you all in October!!

Britt!





Greetings MARC ESA!

Seeing many of you at the 75h IC ESA Convention in Indianapolis was great! We missed those of you who could not join us. It was a week of fun, great workshops, programs, and fun. Most importantly, IC President Robin Bussey was remembered and honored well, and I am sure she was proud of all.

The 2022 MARC Conference is quickly approaching – it is already August! I can tell you from personal experience that the Oklahoma State Council has a tremendous conference planned to “Get Your Kicks on Route 66”. Many of us are making our travel plans which include our traveling buddies, a playlist of songs, and, of course, provisions! My travel buddy Maxine and I are excited and looking forward to sharing a great weekend of learning, fellowship, and fun with all of you.

Our MARC Ways and Means projects are a 50/50 drawing for a \$10 donation and a life Purse Raffle. You can offer the 50/50 chances to your family, friends, and acquaintances now through October. The drawing will take place on Saturday, October 8 at Conference. The winners will share 50% and there will be 3 winners – 1<sup>st</sup> receive 25%, 2<sup>nd</sup> will receive 15% and 3<sup>rd</sup> will receive 10%. Please put your name and State Council on the back of the tickets you sell so we can easily identify who sold the tickets and notify the winners. Tickets are attached for you to print and sell. Your state MARC Reps or President can collect the tickets and monies, or you can individually, and bring it all to the MARC Conference. If you prefer to send those in advance send the monies and tickets to Amanda Rowland, MARC Treasurer. Please reach out to her for her address.

I am thrilled that we can have a LIVE Purse Auction – “IT’S *IN THE BAG*”! We ask each MARC State to donate a new purse/bag with gift cards with a minimum total value of \$150.00. The purses will be auctioned off throughout the conference. The auction flyer is attached.

If you have any questions or need any additional information, please do not hesitate to contact me.

Looking forward to seeing you all in Tulsa, OK October 7-8!

ESA love, hugs and friendship,

BJ VOLL, MARC WAYS & MEANS CHAIR  
chaplainbj@aol.com or 812-631-8119

MARC CONFERENCE  
OCTOBER 7-8, 2022  
"LIVE PURSE AUCTION"  
MARRIOTT TULSA SOUTHERN HILLS, OK



EACH MARC STATE IS ASKED TO DONATE A NEW PURSE CONTAINING GIFT CARDS WITH A MINIMUM TOTAL VALUE OF \$150. THE PURSES WILL BE AUCTIONED OFF THROUGHOUT THE CONFERENCE. IF YOU NEED ADDITIONAL INFORMATION OR HAVE QUESTIONS, PLEASE CONTACT BJ VOLL, MARC WAYS & MEANS CHAIR, [chaplainbj@aol.com](mailto:chaplainbj@aol.com) or 812-631-8119





## ESA MARC WAYS & MEANS 50/50

DRAWING WILL BE HELD OCTOBER 8, 2022

WINNERS WILL SHARE 50% OF TOTAL DONATIONS AS FOLLOWS:

1ST PRIZE	2ND PRIZE	3RD PRIZE
<b>25%</b>	<b>15%</b>	<b>10%</b>

DO NOT HAVE TO BE PRESENT TO WIN / DONATION - \$10



## ESA MARC WAYS & MEANS 50/50

DRAWING WILL BE HELD OCTOBER 8, 2022

1ST PRIZE	2ND PRIZE	3RD PRIZE
<b>25%</b>	<b>15%</b>	<b>10%</b>

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1ST PRIZE	2ND PRIZE	3RD PRIZE
<b>25%</b>	<b>15%</b>	<b>10%</b>

DO NOT HAVE TO BE PRESENT TO WIN / DONATION - \$10



## MARC WAYS & MEANS 50/50

NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

DO NOT HAVE TO BE PRESENT TO WIN / DONATION - \$10



## MARC WAYS & MEANS 50/50

NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

DO NOT HAVE TO BE PRESENT TO WIN / DONATION - \$10



## MARC WAYS & MEANS 50/50

NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

DO NOT HAVE TO BE PRESENT TO WIN / DONATION - \$10



## MARC WAYS & MEANS 50/50

NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

DO NOT HAVE TO BE PRESENT TO WIN / DONATION - \$10



## MARC WAYS & MEANS 50/50

NAME: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

DO NOT HAVE TO BE PRESENT TO WIN / DONATION - \$10

**37<sup>th</sup> MIDWEST AREA REGIONAL COUNCIL CONFERENCE****TULSA, OK****October 7-8, 2022**

The 2022 MARC Conference will be held at the Marriott Tulsa Southern Hills Hotel in Tulsa, Oklahoma, October 7-8, 2022. We hope you all will come and “Get Your Kicks on Route 66!” Scheduled speakers are Lori Fullbright, News Anchor for News on 6, KOTV. Lori has been the station’s crime reporter for 27 years. Lori will share information about safety and how to avoid the current cons, frauds, and scams to keep us safe.

Executive Chef Jeff Marlow, Chief Culinary Officer with the Community Food Bank of Eastern Oklahoma. Chef Jeff will share the growing significance of food insecurity, especially for children, and how it is being addressed.

Maura Guten, President, & CE, Child Abuse Network (CAN) will share information on the national CAN Program as well as child trafficking in the US, unfortunately, states just like MARC States.

Coffee Bunker, Our Veteran speaker will share the goal of transition from military to civilian life. This will be our hands-on project as we will be collecting gift cards to aid the veterans with meals, items for housing, clothing, personal hygiene items, and generally anything that will aid their transition to civilian life. We suggest gift cards from Walmart, Sam’s Club, Costco, Target, and generally large box stores.

Friday night promises to be a fun night of games, prizes, and laughter!

Don’t forget, the Registration deadline is September 10<sup>th</sup>. Postmarked after September 10 the cost increases. The room block is honored until September 24<sup>th</sup>.

The deadline for Program Ads is September 20. Ads can be sent to Judi York at [judi-kay@cox.net](mailto:judi-kay@cox.net)

*Notes from Illinois*

To: Kim Poling, 2021-2022 MARC President

From: Jamie Atchison & Maria Bingheim, MARC 2023 Local Conference Co-Chairs

Date: July 28, 2022

Re: 2023 MARC Conference Update

The Illinois State Council of Epsilon Sigma Alpha has signed the contract to host the 2023 Midwest Area Regional Council conference [Thursday, October 12 – Saturday, October 14, 2023, at the Embassy Suites 100 Conference Center Drive East Peoria, Illinois, 61611.](#)

Room Rates plus tax are: Single \$139.00, Double \$139.00, Triple \$149.00, Quad \$159.00

#### SPECIAL CONCESSIONS

[Room rate available two days before and two days after the conference based upon availability](#)

Room rate includes guestroom WiFi

Complimentary corner king / executive suite for president

PARKING: Complimentary

As announced at MARC 2021, the theme of the 2023 conference is Oktoberfest and the local conference committee is still working on finalizing committee positions, and activities for the leadership and conference



# Oktoberfest

Epsilon Sigma Alpha  
Midwest Area Regional Council  
2023 Conference  
Hosted by  
Illinois State Council  
Embassy Suites – East Peoria, IL  
October 13 – 14, 2023

- ❖ Room Rates plus tax are: Single \$139.00, Double \$139.00, Triple \$149.00, Quad \$159.00
- ❖ Room rate available two days before and two days after the conference based upon availability
- ❖ Room rate includes guestroom WiFi
- ❖ Complimentary Parking

Attached to the largest hotel conference center in Peoria, our waterside hotel overlooks the Illinois River. We're next to East Peoria River Front Park and five minutes from the downtown area's historic sites and museums. Enjoy made-to-order breakfast, complimentary evening receptions, a fitness center, and our indoor pool.



Mark your calendar for MARC 2023 & come play in Peoria  
Find out more at [www.peoria.org](http://www.peoria.org)

## *Notes from Kansas*



Greetings from Kansas!

Kansas is gearing up for our upcoming year with Beth Pompa as our wonderful leader. Beth has chosen her theme as "Be the Wish You To See In The World".

I hear many Kansas ESA Members will be traveling to Tulsa in October to celebrate Kim Poling's year as President. Oklahoma has a fun event planned. Hope to see many of you in Tulsa Town!

Kansas will have had their first state board meeting in Scott City, Kansas at the end of August. District G members have a fun and full weekend planned. We will be focusing on one of our state projects, Goodwill. Members are asked to go to their local Goodwill or thrift store and find a fun outfit to join the Fashion Show while we raise money for our state project. We will also be having a Dining for Disaster Box Lunch to raise money with items donated by members for the Disaster Fund. We will also learn about the Disaster Fund from our Counselor Rita Baker while we enjoy our wonderful box lunch. Looking forward to Tulsa!!! HOPE TO SEE MANY OF YOU THERE!

Pam Mitchell

2022-2023 KSC 2<sup>nd</sup> Vice President

MARC Liaison

## *Notes from Minnesota*

Even though summer is a quieter time for Minnesota ESA, the members have been busy around the town and planning with President, Dee Rotering for the upcoming year. There is hardly room on the calendar for more events.

Dee and six Minnesota members journeyed to the IC Convention in Indianapolis. It was a really fun time and members took time to become a bit acquainted with the city surroundings. Diane Vanusek and Birdie Elkofska indulged in one of Diane's favorite things to do with a drive through the Crown Hill Cemetery. A beautiful, serene place in the bustle of the city. The state dinner was at a Greek restaurant, The Med, a good place to try something a bit different.

As some members have grown older, activities requiring lifting and carrying have come harder. The Alpha Sigma chapter signed up with a local grocery chain to operate the fundraising booth outside of the store. All the products and supplies are provided by the store and the chapter only must sell the food. The chapter gets the profits (and the tips) for their charity. Relatively easy money. The chapter does this for veteran's popular groups.

Alpha Zeta chapter headed up the MN ESA team that participated in the "Cruising for the Kids" St Jude event in July. The event had around a hundred riders raising about \$17,000 for St Jude's kids on a beautiful summer day in Minnesota.

To benefit our local charities, members have participated in a golf classic and a card stamping day for Wishes and More, or a Welcome Home Vet's eat-out night at a local restaurant. Some events raise lots of money, some a little but the pot grows. Members continue to help deliver kits to needy vets.

On a social level, the MN ESA picnic was enjoyed by those attending. Delta Rho chapter is holding an Association of the Arts class to make gift bags.

Several MN members are planning on attending the MARC Conference in Tulsa.

Diane Vanusek and Julene Donnay



# Notes from Oklahoma

OKLAHOMA STATE COUNCIL OF ESA  
 HOSTING THE MARC CONFERENCE  
 OCTOBER 7/8, 2022  
 TULSA MARRIOTT HOTEL SOUTHERN HILLS  
 1902 E. 71<sup>ST</sup>, TULSA, OK  
**VOLUNTEERS ARE NEEDED TO ASSIST**

## THEME



**RED TEE SHIRTS with LOGO WILL BE HOSTESS ATTIRE**

**SHORT SLEEVE S-XI \$15.00 - 2x->larger \$17.00**

**LONG SLEEVE S-XL \$17.00 – 2X->larger \$19.00**

Name: \_\_\_\_\_ Chapter \_\_\_\_\_

Address: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Size: \_\_\_\_\_ Sleeve Length: Short \_\_\_\_\_ Long \_\_\_\_\_

Check# \_\_\_\_\_ Credit Card 4% upcharge will be added

CC# \_\_\_\_\_ Expiration Date \_\_\_\_\_ CVVCode \_\_\_\_\_

\*Make Checks Payable to: ESA MARC 2022 Conference

Mail order form and check or CC information to: Margaret Kramer 114625 S 4172 Cir, Eufaula, OK 74432

Call, text or email if you have questions 918-617-3130 or [mghnurseok@aol.com](mailto:mghnurseok@aol.com)

## *Notes from Wisconsin*

Just came back from IC Convention in Indianapolis. Had a great time meeting new and old friends. Three people from Wisconsin attended the MARC meeting. Got the latest info about the MARC Conference.

Hope to see more people in Tulsa, come October.

Ann White, MARC Rep for Wisconsin



# Mixer & Foundation Fund Fest



*Time flies whether you are having fun or not*

*Mary Engelbreit*

## MARC States Represented as IC Candidates





Keynote  
Speaker:  
BJ Clark

- Do Not Repeat: What Does Not work!**
- No big rules, expectations, or traditions that are outdated
  - No conversations regarding what we don't do....or what we've done before
  - No of listening to negative feedback from the past or negative comments about fellow members, either when you're together or driving home
  - Forbid the use of the word "right". Right ways get in the way of other ways, which after all these years might be a better option.
  - If you're all too tired, enlist some other generational individuals to form a new chapter.

- Do Create opportunity and Fresh Ideas**
- Make yourself a Cheerleader
  - Contact younger people for ideas
  - Contact older people for their experience
  - Create the first new challenge or project together
  - Plan for the celebration party when you give all the money to St. Jude Children's Research Hospital. Here's to Fifty more years of good friends, good works, good times!

*Live, for this is the time of your life.*  
*William Saroyan*

# Memberships and HQ reports

**MEMBERSHIP**

**COMMUNITY**

- Membership decline
- Chapter decline
- One new chapter since 2020

**COLLEGIATE**

- Membership decline
- Pandemic leadership
- University of Texas – actively recruiting

**TEXAS**  
The University of Texas at Austin

**ESA IS GOING GREEN!**

- Did you know you now have access to...
- Paperless billing
  - Automatic membership renewal
  - Virtual membership card
  - You will receive your final printed card between October 2022 and September 2023

**LEADERSHIP 2023: COST STRUCTURE**

2023 Registration Fee:

- \$350; includes meals (Friday and Saturday lunch, Saturday dinner) and all materials

Hotel Information:

- \$114 per night plus tax
- If you share your room with one other person: ~\$550 (\$75 – \$125 savings)
- Attendees will be allowed to share with more than one roommate (helpful for multiple attendees from the same state)
- Local attendees or those who have friends/family in the area are not required to stay at the hotel
- Attendees are welcome to stay at other area hotels

**OCTOBER IS RECRUITMENT MONTH**

- Membership Monday Recipes contest
- Posting and event ideas
- Facebook Live Charcuterie demo
- Answer the security questions (chapter/state)

**LEADERSHIP 2023: AGENDA CHANGES**

More time for state presidents to spend together

- Incoming president happy hour
- Time for incoming presidents to sit and brainstorm together

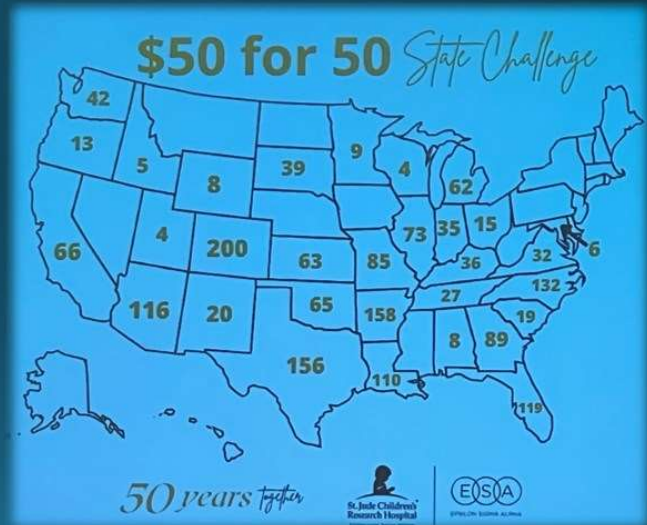
Thursday evening

- Only a welcome event,
- Incoming IC President Information (theme, logo) will be introduced on Friday

Throughout the weekend

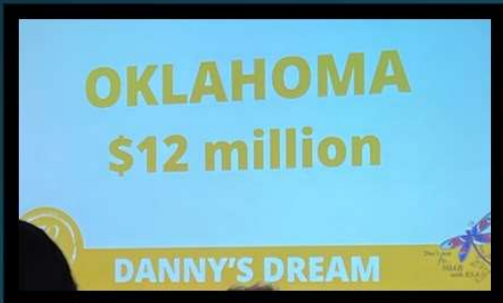
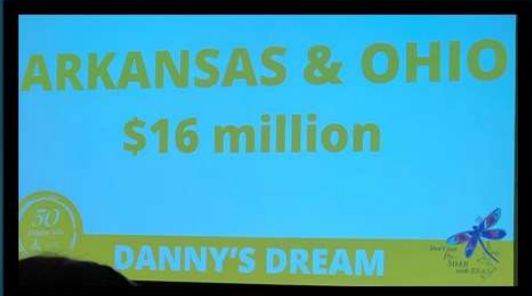
- More free time for socializing

# St Jude



*Without volunteers, we'd be a nation without a soul.*  
**Rosalynn Carter**

# St Jude



# Lip Sync!!



*He who sings scares away is woes.*

*Cervantes*

# Lip Sync!!



# Toast to Robyn



*Don't cry because it's over, smile because it happened*

*Dr. Seuss*

# Fun and Games



*Thank you,  
Indy!*



## **37<sup>th</sup> Midwest Area Regional Council Conference**

**Friday, Oct. 7 & Saturday, Oct. 8, 2022**

Rooms are available for Thursday, Oct. 6, 2022

### **Marriott Tulsa Southern Hills Tulsa, Oklahoma**

The hotel is providing **free** parking, **free** Wi-Fi in sleeping rooms and public space, **free** breakfast buffet included daily for up to 4 guests in a room and **free** transportation within 5-mile radius of hotel based on availability.

Rooms will include Smart TV's, safes, coffee makers, refrigerators and multiple USB ports in all guest rooms. Room rate is \$121 + tax.

## **Hosted by the ESA Oklahoma State Council**



Whether you come from the north or the east, we hope "The Mother Road" in Oklahoma is your next destination.

Group Link: [Book your group rate for Epsilon Sigma Alpha MARC Conference](#)

**Marriott Tulsa Southern Hills (Hotel Code ESA MARC)**

1902 E. 71st St., Tulsa, OK 74136

1.800.228.9290 or 1.918.493.7000 <http://tulsamarriott.com>





# 37<sup>th</sup> MIDWEST AREA REGIONAL COUNCIL CONFERENCE

## TULSA, OK

### OCTOBER 7-8, 2022

Hosted by ESA Oklahoma State Council

Name \_\_\_\_\_ State \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Email Address \_\_\_\_\_ Phone \_\_\_\_\_

Travel Plans: Driving: \_\_\_\_\_ Flying: Airline \_\_\_\_\_ Flight # \_\_\_\_\_ Date \_\_\_\_\_

Names of Roommates: \_\_\_\_\_

#### REGISTRATION OPTIONS

##### Postmarked no later than 9/10/2022

Registration for Conference and Leadership	\$150.00	_____
Registration excluding Friday Leadership	\$125.00	_____

##### Postmarked after 9/10/2022

Registration for Conference and Leadership	\$175.00	_____
Registration excluding Friday Leadership	\$150.00	_____

##### Walk-in Registration after 10/1/2022

(cash/money order only)	\$200.00	_____
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##### Partial Registrations

Saturday Luncheon only	\$ 50.00	_____
Saturday Banquet only	\$ 65.00	_____

Total Enclosed (Make check payable to ESA MARC 2022 Conference) \$ \_\_\_\_\_

Special Medical Dietary Needs \_\_\_\_\_

#### Mail Check and Form to:

Judy Cravens  
 Registration Chair & Treasurer  
 36322 S. 4202 Road  
 Inola, OK 74036  
 Phone 1.918.284.7335  
 timcravens@aol.com

**Marriott Tulsa Southern Hills**  
 1902 E. 71st St., Tulsa, OK 74136  
 1.800.228.9290 or 1.918.493.7000  
<http://tulsamarriott.com>

*4% charge for credit cards*  
**Security Code** \_\_\_\_\_  
**Exp Date** \_\_\_\_\_

#### Hotel Information

Group Code Link: **Book your group rate for Epsilon Sigma Alpha MARC Conference Room Block honored until Sep. 24, 2022**  
 Rate: \$121 per night, plus tax Complimentary self-park, Wi-Fi & free breakfast.  
**Name on CC** \_\_\_\_\_  
**Credit Card #** \_\_\_\_\_

#### CURRENT OFFICER/ OFFICES HELD

(Check all that apply)

MARC Board \_\_\_\_\_

MARCettes \_\_\_\_\_

ESA Foundation Board \_\_\_\_\_

State President \_\_\_\_\_

Headquarters \_\_\_\_\_

IC Exec. Board \_\_\_\_\_

IC Appt. Board \_\_\_\_\_

1<sup>st</sup> Timer \_\_\_\_\_

Guest \_\_\_\_\_



**37<sup>th</sup> MIDWEST AREA REGIONAL COUNCIL CONFERENCE  
TULSA, OK**

**OCTOBER 7-8, 2022  
Leadership Speakers Friday, Oct. 7, 2022**

**LORI FULLBRIGHT**, News Anchor for News on 6, KOTV, anchoring the 5, 6, and 10 p.m. news each night. She has been the station's crime reporter for 27 year. She has covered countless crime scenes and interviewed thousands of crime victims as well as hundreds of criminals and law enforcement officers.

Lori will share information about safety and how to avoid the current cons, frauds and scams to keep us safe.

**EXECUTIVE CHEF JEFF MARLOW**, Chief Culinary Officer, Community Food Bank of Eastern Oklahoma. The Community Food Bank of Eastern Oklahoma is a member of the Feeding America, the nation's leading domestic hunger-relief charity with a mission to feed America's hungry through a nationwide network of member food banks and to engage our country in the fight to end hunger. All of the MARC states have food banks in the Feeding America network.

Chef Jeff will share the growing significance of food insecurity, especially for children, and how it is being addressed.

**MAURA GUTEN**, President & CEO, Child Abuse Network (CAN). The Child Abuse Network is Tulsa's Children's Advocacy Center and serves as the coordinator with multiple agencies related to children of reported child abuse. CAN, Inc. is a charter member of the National Children's Alliance (formerly the National Network of Children's Advocacy Centers).

Maura will share information on the national CAN program as well as child trafficking in the US, unfortunately states just like MARC states.

**COFFEE BUNKER**, Our Veteran speaker will share the goal of transition from military to civilian life. Transition services will assist veterans to identify goals and resources and then provide sustained support throughout their journey through peer-to-peer support. Services include professional guidance for employment, starting a business, job skills training and interview and network access to employers, social activities, healthcare and VA assistance, relationships, food pantry and housing referrals. These programs are for all returning veterans.

The Coffee Bunker will be our hands-on project as we will be collecting gift cards to aid the veterans with meals, items for housing, clothing, personal hygiene items and generally anything that will aid their transition to civilian life. We suggest gift cards from Walmart, Sam's Club, Costco, Target, and generally large box stores.



## Advertising Order Form

### 2022 MARC Conference Program Book

Please use this order form to advertise in the 2022 MARC Conference Program Book. Advertisements will be accepted through September 20, 2022. Please check the SIZE of the ad you are placing.

_____ Full Page Ad	\$100.00
_____ 1/2 Page Ad	\$50.00
_____ 1/4 Page Ad	\$25.00

Advertising Placed by: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Make check payable to **ESA MARC 2022 Conference**  
Mail check with this form and hard copy of the ad to:

Judi York  
3620 West Quantico Place  
Broken Arrow, OK 74011

Electronic copies of the ad **MUST ALSO** be sent to: [judikay@gmail.com](mailto:judikay@gmail.com)